



Contents

1 Sports	4 - 14
2 Experiences	13 - 20
3 E-Friends	21 - 28
4 Shopping	29 - 42
Revision (1)	43049
5 Places and Directions	50 - 57
6 My Family	58 - 65
7 My Home	66 - 74
8 My City	75 - 83
Revision (2)	84 - 89
	90 - 104
10 Back to School	105 - 114
11 Schools	115 - 122
12 Rules	
Revision (3)	132 - 136



Lesson 1

- Kick pass, shoot, shot, beat, excellent, as often as.



A Football Match

Sami: Did you watch the Falcons-Lions football match yesterday?

Ali: I wanted to, but yesterday I was at my sister's wedding. I couldn't leave the party to watch the match. Did you watch the match?

Sami: Yes, I did. It was an exciting match

Ali: How was the game, and what was the score?

Sami: The Falcons beat the Lions one to zero The game was very exciting, and the two teams played very well.

Ali: Who scored the Falcon's goal?

Sami: Ramadan quickly passed the ball to Nabhan, who then shot it into the goal.



2 Learn the following words.

Beat: To win at something in a competitive situation.

The Lion's beat the Falcon's at the football match.

Excellent: Baggio is an excellent football player.

As often as: It is how many times compared to another, or again and

again.

She practises football as often as she can.

Kick: To hit the ball with your foot.

Samar can kick the ball really far.

Pass:

Omar will pass the ball to Zaid when he gets near to the goal.

[in sports] to kick or move a ball suddenly towards the Shoot:

goal.

Did you see him shoot the ball into the goal?

3 Listen, then point to the words in activity #2.



- 4 Read the dialogue in activity #1, then answer the following questions.
 - 1 Who watched the match, Sami or Ali?
 - 2 Why didn't Ali watch the match?
 - 3 Did he want to go to the match?
 - **4** Who won the game, the Falcons or the Lions?
 - **5** What was the score?

5 Read t	he dialogue ir	activity #1	, then answ	er the following
questic	ons.			

	Compalate the	fallanda		. حال به ماده	arda in	مده ما مالا
0	Complete the	rollowing s	entences, u	ising the	words in	tne box.

	me	him	her	them	us
1	They are good p	layers, but we	beat		
2	I am a strong plo	ıyer. He can't	beat		
3	We have a good	team. They co	ın't be a t		
4	She didn't play v	vell. I easily be	eat		
5	Rajab can't play	table tennis w	ell. I always	beat	
th	e example. Pass the ball fast.	using the w	vords, (as,	as possib	le), as s
	f you want to win	, you should p	ass the ball	as fast as p	ossible.
1	Kick the ball high	102			
	In long passes, .				
2	Run fast.				
	Football players				· • • • • • • • • • • • • • • • • • • •
3	Shoot at the goa	ıl often.			
	Forwards				

8 Listening. Listen, then write the letter of the mentioned activity in the empty boxes



- **1** Sameer likes skating. He goes skating at the weekends. Sometimes, if he doesn't have homework, he goes skating after school. His sister likes skating a lot, too.
- **2** Ali likes a lot of sports. He plays football on his school team. In the summer, he swims a lot. He likes to go swimming with his friend, Jamal.
- **3** Rabab goes swimming as often as possible. She can swim very well, Sometimes, she plays table tennis with her brother.





Lesson 2

- Coach, beach volleyball, court, knee pad, fit, train, join the team, team game.

My Favourite Game

Khalid: What sports do you play, Ahmed?

I play football, basketball, volleyball, and Ahmed:

table tennis, but my favourite game is

volleyball.

When did you start playing this game? Khalid:

Last year, when I was in the fourth Ahmed:

grade.

I am tall, and coach Hassan asked me to join the volleyball team and start training.

I am fast and can jump high.

How many players are there on the team? Khalid

Six players. Ahmed:

What do you need to play this game? Khalid: Ahmed:

Not much. You need a ball, a net, and a court. You also need knee pads because

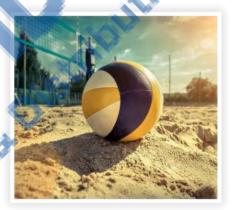
players fall on their knees a lot.

How often do you play volleyball? Khalid:

Twice a week, on one day we train, and on Ahmed:

the other day we play a match.









2 Look up the following words and learn them.



coach



beach volleyball



volleyball court



knee pad

Fit:

Healthy and in good physical shape.

He is fit because he exercises everyday, and eats

healthy food.

Train:

To prepare for an event.

If you want to win a match, you should train a lot.

Join the team:

to become a player on a team.

Only hard-working players can join the team.

Team:

When two or more players are on one side of a game.

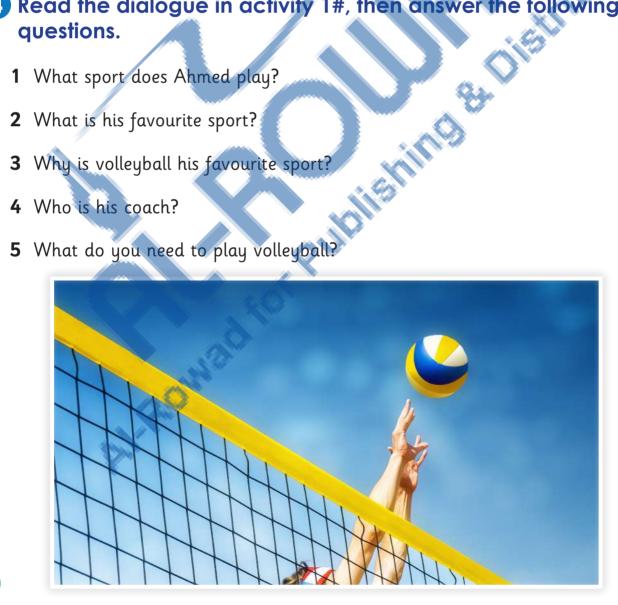
Football and basketball are team sports.

3 Complete the following sentences.

- A place for swimming is a swimming pool.

1	The place for playing football is a
2	A group that plays volleyball a
3	A group that plays for the class is a
4	A game played on a table with paddles and a net is
5	The protective gear you put on your knee is a

4 Read the dialogue in activity 1#, then answer the following



5 Read the sentences, then complete the following sentences using the words, 'one' and 'the other'.

- Ahmed plays football twice a week:

One day is training, and the other is a match.

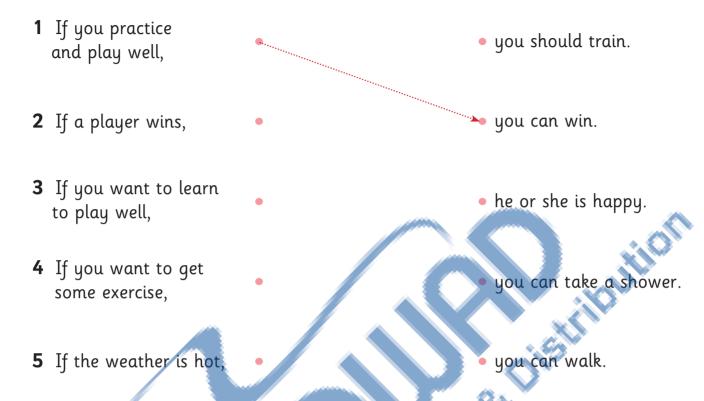
1	Ahmed has got two sisters:		
2	In this picture, there are two flowers: is red, and is yellow.	Alia	Farrah
		yellow	red
	The Falcons scored two goals:by Sami, andby Jamal.	Sami	Jamal
4	In this picture there are two girls:		

pink skirt

yellow skirt

6 Match.

Draw a line between the sentences and its conclusion, as shown in the example.



7 Listening. Listen to the teacher, then circle the sport which is described.

This is a really fun and excellent sport. We get a really good exercise doing it. We usually practise it in the summer. If you want to be good at this sport, you should keep on practising it, and learn how to hold your breath while under water. You should also learn how to use your arms properly and how to kick. While we do this ICHIAD A sport, we feel like fish in the sea!

- a scuba diving
- **b** swimming
- **c** skating
- d beach volleyball

8 Dictation.

Read the listening section in exercise #7, then practise writing it to prepare for dictation.